

Adding Medication to an Elastomeric Device (Eclipse Ball, Medicine Ball)

Follow these Steps to Draw Up Medications or Vitamins

Three Components for Adding Medications:

1. Practice good hand-washing
2. Prepare supplies
3. Add Medication

Medication(s) to add:

Home Infusion Nurse (name, #):

Home Infusion Pharmacist (name, #):

Practice good hand-washing. Always wash hands when instructed. Soap and water best. Hand sanitizer (optional). Wash for a full 20 seconds or rub until dry.

STEP 1: PRACTICE GOOD HAND-WASHING.

Always remember to **WASH YOUR HANDS** for a full 20 seconds when instructed.

* Soap and water is always best. If soap and water are not available, hand sanitizer is ok.
* Make it a habit to wet your hands, apply soap, and lather for 20 seconds. Hum the Happy Birthday song twice.
* If using hand sanitizer, rub a dime-sized amount between your hands until dry. Never wave or blow on your hands to speed up drying.
* Remember, if using gloves, you must still wash your hands when instructed.
* Washing your hands helps reduce your chance of infection.

STEP 2: PREPARE SUPPLIES

* Note the time you are supposed to add the medication to the medication ball. Remember to do this every day unless your pharmacist says otherwise.
* Note how long your medication should be left at room temperature:
* Remove your medication from the fridge if refrigerated. Compare your medication with your orders to check the following:
  + Medication has my name and date of birth.
  + Medication name is correct.
  + Medication dose is correct.
  + Medication is not expired.
  + If any of this information is incorrect, stop and call your home infusion pharmacist immediately
* Locate a clean dry work space. Clean your workspace and SAS or SASH mat with a cleaning solution.
  + Find a dry, hard work surface to set up your medication and supplies
* **WASH YOUR HANDS.**
  + Soap and water are best. Use hand sanitizer if soap and water are not available.
  + Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.
* Gather the following supplies and place on your workspace. Do not put this on top of your SAS or SASH mat yet.
  + Syringe with medication
  + Medication ball or eclipse ball
  + 2 alcohol pads
* **WASH YOUR HANDS.** 
  + Soap and water are best. Use hand sanitizer if soap and water are not available.
  + Wash for 20 seconds (hum the Happy Birthday song twice) or rub with hand sanitizer until your hands are dry.
* Arrange your alcohol pads, medication syringe and medication bag with attached tubing above your SAS or SASH mat in their respective location. Don’t put them on the mat yet.
  + “S” = Saline
  + “A” = Administer (includes your medication bag and attached tubing)
  + “S” = Saline

Step 3: Add medication

* Unwrap an alcohol pad and place it on the SASH mat on the “A” part of the SASH mat.
* Remove the cap from the ball.
  + The cap is opposite the tubing. Place the cap on the alcohol pad flat side down. Do not let the cap touch anything.
  + Underneath the cap is the port. Place an alcohol pad underneath the port. Do not let the port touch anything.
* Twist the cap off of the medication syringe. Place the cap flat side down on the “A” part of the SAS/H mat.
* Twist the tip of the syringe clockwise onto the port on the ball until it holds.
* Push the plunger on the syringe all the way in to inject the medicine into the ball.
* Twist the syringe counterclockwise to remove it from the ball. **DO NOT LET THE PORT TOUCH ANYTHING!**
* Pick up the cap from the SAS/H mat without touching the inside of the cap. Twist the cap back on the port on the ball.
* Follow the instructions about how to connect the medicine ball to your IV.

If you have any questions, please contact your home health nurse.